

Monday	Tuesday	Wednesday	Thursday	Friday
Mains	Mains	Mains	Mains	Mains
Barbecued Sticky Chicken GF DF	Baked Beef Lasagne served with Garlic Bread	Lamb Rump with Beetroot Chutney & Goats Cheese GF	Pork Steak with a Maple Syrup Glaze GF DF	Thai-green chicken curry GF DF
Char-grilled Tuna Steak served with a Niçoise salad GF	Breaded Fresh Fillet of Cod DF	Salmon with a Spring Onion & Sweet Chilli dressing GF DF	Seared fresh fillet of Sea - Trout topped with a Tomato and Mango Salsa GF DF	Fillet of Haddock with a wild Mushroom and whole grain sauce GF
Mediterranean Vegetable Stack topped with a Savoury Polenta GF DF VE	Homemade Falafels served with a Pomegranate & Mint dressing GF DF VE	Cheese, onion and potato pie DF VE	Aubergine Parmigiana GF DF VE	Rich & Creamy Macaroni Cheese garnished with Spring Onions & Fresh Tomato DF VE
Sides	Sides	Sides	Sides	Sides
Rice Crushed baby potatoes	Rice Chunky chips	Rice Buttered new potatoes	Rice Dauphinoise potatoes	Sticky rice Sweet chilli & coriander potatoes
Panache of mixed vegetables	Garden peas Buttered corn on the cob	Stir-fried vegetables Garden peas	Red Cabbage Roasted carrots	Pea, Swede & Celeriac
Desserts	Desserts	Desserts	Desserts	Desserts
Spotted dick and custard	Warmed Belgium waffles, mixed berries, ice cream and toffee sauce	Warm Bakewell tart and custard	Steamed citrus sponge and custard	Jam sponge and custard
Profiteroles and chocolate sauce	Citrus fruit tart with cream	Manchester tart	Rich chocolate cake	Lemon meringue pie